

1 Complete the phrases with the verbs in the box.

brush	check	clean	get	have
leave	prepare	put	tidy	wake

- *clean* your teeth
- up
- your hair
- your room
- on your shoes
- your messages
- breakfast
- the house
- dressed
- your school bag

2 Complete the spaces to make food words.

- c h e e s e
- c e _ _ _ _
- v _ _ _ _ _ _ _
- y _ _ _ _ _
- c _ _ _ _ _
- a _ _ _ _ _
- h _ _ _ _
- b _ _ _ _
- t _ _ _ _ _

3 Match the food words from Exercise 2 with the definitions below.

- A** These are good for you and can grow in the garden, e.g. potatoes and beans. 3
- B** It's yellow or white and we often put it inside a sandwich.
- C** You use this to make toast.
- D** You have this with milk for breakfast.
- E** It's made from milk. We often put fruit or sugar with it.
- F** Bees make this.
- G** This is a round vegetable. It's got leaves and can be green.
- H** They are red and round. We often put them in a salad.
- I** This is a tropical fruit with a hard, green skin.



PRONUNCIATION The sound /ə/

4 Which words have the sound /ə/? Listen and write the words in the table. Then, listen again and check.

/ə/	No /ə/
<i>avocado</i>	<i>bread</i>
.....
.....
.....
.....
.....
.....
.....
.....
.....

5 Put the words in the correct order to make sentences.

- 1 / my teeth / after breakfast. / clean
.....
I clean my teeth after breakfast.
- 2 hair. / gets / and / She / dressed / then brushes / her
.....
- 3 am / I / my / moment. / tidying / at / room / the
.....
- 4 usually prepare / school bag / He doesn't / evening. / his / in the
.....
- 5 leaving / house / is / She / now. / the
.....
- 6 moment, / At the / on / I am / my / shoes. / putting
.....
- 7 check my / wake up. / messages / when I / I always
.....

6 Complete the text. You have the first letter of each missing word.

My morning routine

I wake ¹u p..... at six o'clock. I ²g..... dressed, brush my ³h..... and then I have ⁴b..... . I usually have ⁵h..... chocolate, toast with ⁶j..... and a ⁷y..... for breakfast, but sometimes I have ⁸c..... with milk. After breakfast, I ⁹p..... my school bag and clean ¹⁰m..... teeth. Then, I ¹¹p..... on my shoes and ¹²l..... the house at eight o'clock.

1

- 2 wake
- 3 brush
- 4 tidy
- 5 put
- 6 check
- 7 have
- 8 leave
- 9 get
- 10 prepare

2

- 2 cereal
- 3 vegetables
- 4 yoghurt
- 5 cabbage
- 6 avocado
- 7 honey
- 8 bread
- 9 tomatoes

3

- B** 1 (cheese)
C 8 (bread)
D 2 (cereal)
E 4 (yoghurt)
F 7 (honey)
G 5 (cabbage)
H 9 (tomatoes)
I 6 (avocado)

5

- 2 She gets dressed and then brushes her hair.
- 3 I am tidying my room at the moment.
- 4 He doesn't usually prepare his school bag in the evening.
- 5 She is leaving the house now.
- 6 At the moment, I am putting on my shoes.
- 7 I always check my messages when I wake up.

6

- 2 get
- 3 hair
- 4 breakfast
- 5 hot
- 6 jam
- 7 yoghurt
- 8 cereal
- 9 prepare
- 10 my
- 11 put
- 12 leave



PRONUNCIATION

The sound /ə/

4

/ə/	No /ə/
avocado	bread
breakfast	cabbage
cereal	fruit
cucumber	honey
chocolate	jam
pasta	mango
tomatoes	toast
vegetables	
yoghurt	